

DISCHARGE SUMMARY

DEPARTMENT OF CARDIOLOGY

CITY HOSPITAL, HARIDWAR

NAME: Mr. CHAMAN KUMAR SHARMA AGE & SEX: 54/M

Ph. No.: 7898673965

Address: C-33 GANPATI DHAM JAGJEETPUR, HWR

Ward: Cardio Ward

IP No. 3047

C.R. No: 289814

Date of admission: 28/10/2025

Reg No: UKMC- 12507

Date of discharge: 29/10/2025

Doctor: Dr. Devvrat Sai

Diagnosis:

Coronary Artery Disease (Post CABG – 2016)

Type II Diabetes Mellitus

Chest Pain / Heaviness – Evaluation for Ischemic Symptoms

Managed Conservatively

History of present illness:

Mr. Chaman Kumar Sharma, 54-year- old patient presented with Chest heaviness and discomfort for 1 day, no history of radiation, syncope, or diaphoresis, Known case of CAD post CABG (2016) and Type II Diabetes Mellitus.

Physical Exam:

At presentation:

no pallor, icterus, cyanosis or pedal edema

Jugular Venous pulse: normal.

HR: 93/min BP: 130/70mm Hg

Chest: b/l AEE (+)

CVS: normal heart sounds



Hospital Course:

Mr. Chaman, a 54-year-old male, known case of coronary artery disease post CABG (2016) and Type 2 Diabetes Mellitus, presented with complaints of chest heaviness.

He was admitted to the CCU for observation and evaluation. Baseline ECG showed nonspecific ST-T changes, and cardiac biomarkers were within acceptable limits.

He was managed conservatively with antianginal therapy, dual antiplatelets, statin, and optimization of diabetic and antihypertensive medications. Serial ECGs and cardiac enzymes remained stable throughout the hospital stay.

Echocardiography showed preserved left ventricular function with no new regional wall motion abnormality. The patient's symptoms gradually improved with medical management. No arrhythmia or ischemic episode was noted during observation.

Plan on Discharge:

- Medications:
- (To be continued / adjusted as per prior regimen, for example:)
- Ecosprin 75 mg – OD
- Clopidogrel 75 mg – OD
- Rosuvastatin 40 mg – HS
- Metoprolol 25 mg – BD
- Isosorbide mononitrate 30 mg – OD
- Antidiabetic medications as previously prescribed
- Lifestyle Advice:
- Continue cardiac and diabetic diet (low salt, low fat, sugar controlled).
- Regular follow-up for blood sugar and BP monitoring.
- Avoid smoking, alcohol, and stress.
- Gradual resumption of daily activities as tolerated.



Treatment:

	Drug Name (Generic Name)	Strength	Dosages	Frequency	Route of Admin	Relationship With Meal	Duration
1	Ecosprin AV	75/10	One tablet	Once daily	Oral		Till review
2	Bisoprolol	2.5mg	One tablet	Once daily	Oral		Till review
3	Glycomet GP1		One tablet	Once daily	Oral		Till review
4	Esmoven d		One tablet	Once daily	Oral		Til review

Follow-Up:

- Cardiology OPD after 1 week or earlier if chest pain, breathlessness, or dizziness occurs.
- Periodic evaluation of glycemc control and lipid profile.
- Condition at Discharge: Stable, asymptomatic, hemodynamically stable.
- Prognosis: Good with compliance to medications and lifestyle modifications.



CITY HOSPITAL HARIDWAR

Name **CHAMAN KUMAR SHARMA 54Y,**
 Gender **Male**
 Date **28/10/2025**

Image 1

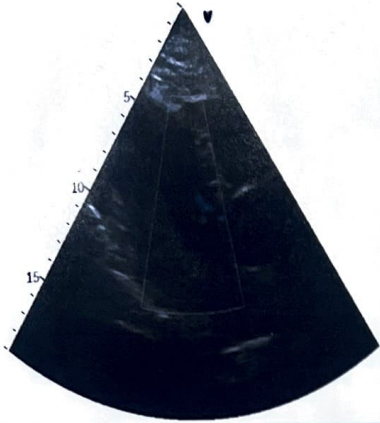


Image 2

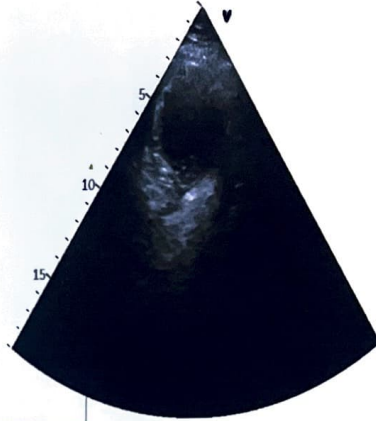


Image 3

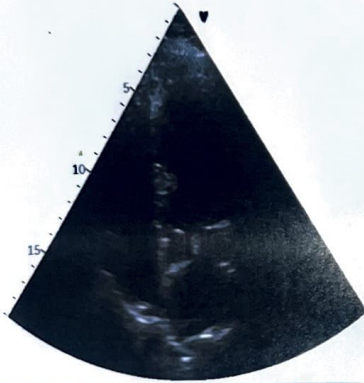


Image 4

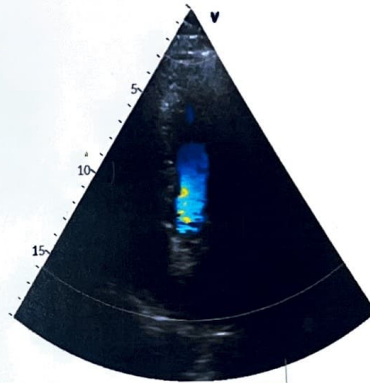


Image 5

MV E Vel 0.91 m/s
 MV Dec T 123 ms
 MV Dec Slope 7.4 m/s²
 MV A Vel 0.43 m/s
 MV E/A Ratio 2.13

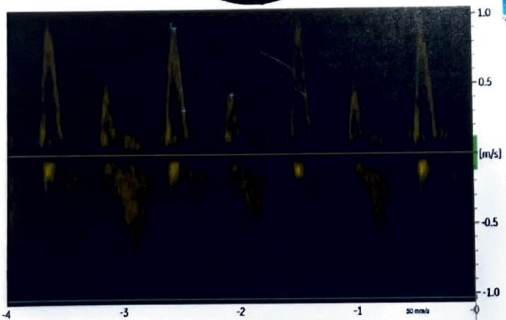
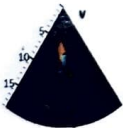


Image 6

AV Vmax 1.25 m/s
 AV maxPG 6.23 mmHg

